

# September 2020 Religious Education elementary youth R.E. community All RE Church RE support

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Theme: Renewal</b>						
		1	2	3	4	5
6 11:00 Church service, all ages 168 223 701	7	8	9 7:00 Vespers service 593 831 292	10 7:00 Parent zoom 393 878 705 p/w 020078	11 6:00 Theology without a Potluck 842 6771 0660	12
13 11:00 Church service, all ages 168 223 701	14	15	16 7:00 Vespers service 593 831 292	17	18	19
20 10:00 elementary RE zoom 888 1925 5325 11:00 Church service, all ages 168 223 701 12:15 All YoUUth Zoom	21	22	23 7:00 Vespers service 593 831 292	24	25	26
27 10:00 elementary RE zoom 888 1925 5325 11:00 Church service, all ages 168 223 701 12:15 All YoUUth Zoom 2:10 RE Council zoom	28	29	30 7:00 Vespers service 593 831 292	31		

## September's theme of Renewal

September, for those with children in school, often feels like New Year's as we return to school and church renewed after the summer months— ready to renew friendships, activities, and prepare for another year of journeying together. I can tell you that I and many other DREs I know have struggled to understand how to offer online faith formation during this time of pandemic. I'm convinced that continuing to build our relationships with each other is of the highest importance at this time. I'm excited at the idea of a renewal of hope and possibility as we

try new ways of being together this year!

-Mia Noren, Director of Religious Education

### Reflections on Renewal

♥ To be a people of renewal is to ask not simply, "How do I refresh?" but also "How do I return?" The challenge of life is not just about moving forward but moving forward without losing touch with all we hold dear. - Rev. Scott Tayler

♥ There is deep power in taking a break, honoring your body and actively participating in your deprogramming from grind culture. We have been brainwashed to be violent towards our own bodies by pushing it to exhaustion... Rest is a form of resistance because it disrupts and pushes back against capitalism and white supremacy. -Tricia Hersey

♥ A self that goes on changing is a self that goes on living. -Virginia Woolf

♥ When I have no more mass than a leaf dead on the branch, still this is enough for the earth to find me. She reaches for what little I have and says, stay... Press the soles of your feet back into the ground you sprang from. Feel the weight of your body and know that it is glorious. You are born of soil and sun, and all the heaviness of the earth is a call to you. The earth is reaching for you. Reach back. Reach back. -- Jess Reynolds



## What's happening in R.E.?

We are **still** online! All services are for all ages, and every service has a Time for All Ages!

Children, youth, and families, we are **always** in need of recordings of the Children's Affirmation to share in our Sunday Services! We'd love to have yours! Here's the script:

**"Hi I'm \_\_\_\_\_! (Next child introduces self if more than one.)  
I invite you to join me in our affirmation.**

**(With hand gestures):**

**We are Unitarian Universalists**

**We are people of faith**

**With open minds**

**Loving hearts**

**And helping hands."**

Tips for filming:

- You can film on your phone and email it to: **blavallee@uuabq.org**
- Please shoot the video in landscape rather than portrait.
- It can be a single child or a group.
- Check your background. Is there something in there that you don't want the whole church to see? (Believe)
- Make sure the light is in front of the subject, and that their whole face is illuminated.
- Audio is more important than video. Using a mic or headset is perfectly fine.
- Speak so slowly that it almost feels awkward.
- On video, a neutral face is a frown, and a half smile is neutral. Have fun!